

ASCENSION

A Newsletter from the Church of the Ascension

Pray for us Ruega por nosotros

Por los enfermos y los que están sufriendo de nuestra comunidad.

For the sick and suffering in our community:

**Paul Enck,
John Estrem,
Elsa Coronel,
Ellsworth Lash.**

Por nuestros amados muertos, que descansen en los amorosos brazos de Jesús.

For our beloved dead, may they rest in the loving arms of Jesus:
Diane Volkenant.

Parish office will close at noon on Fridays for the summer.

Horario de verano del despacho parroquial: La oficina cerrará a las 12 p.m. los viernes durante el verano.



Ascension School offers Free Kindergarten

Have a child entering kindergarten or know someone who does? Ascension School is offering tuition-free kindergarten!

Kindergarten is the start of a lifelong journey of learning. Our scholars ramp up their technology skills, and participate in music. They learn to read, and they learn about Jesus. Their days are structured and full, yet they allow time for socialization and play.

Enrollment is open for other grades as well. Call the school at 612.529.3609 to arrange a tour. For more information, visit ascensionschoolmn.org

Building a City for All of Us: Affordable Housing Action

With rising rents and limited housing availability, more of us in Minneapolis are struggling to find and afford safe housing. We all feel the burden of higher costs of living. We recognize how increased housing costs have an outsized impact on renters with lower incomes, often communities of color. Rents have risen nearly 17% since last year. Now is the time to raise our voices in support of more funding for affordable housing and rental assistance so that fewer families have to choose between rent and food, or risk becoming homeless. Join us for this important event to learn more about what can be done – and how you can most effectively show your support. We need a city built for all of us!



6:30 - 7:30 p.m. Thursday, July 28

**Bethlehem Lutheran Church Twin Cities,
4100 Lyndale Ave S, Minneapolis**

This event will be in-person with an option to view online. Register to receive more instructions and details! Find the registration link on our website, ascensionmpls.org.

Parish/neighborhood picnic Sunday, Aug. 7

After 9:30 a.m. Mass in the Peace Garden. Stay for refreshments and get to know some of the neighborhood and ethnic organizations who seek to be in relationship with us at Ascension. Games, music, fellowship! Put the date on your calendar, and invite a friend or two to join us in celebrating parish life and our neighbors!

Picnic parroquial/vecinal Domingo, 7 de agosto

Después de la misa de 9:30 a.m. en el Jardín de la Paz. Quédese a tomar un refresco y conozca algunas de las organizaciones vecinales y étnicas que buscan estar en relación con nosotros en la Ascensión. Juegos, música y compañerismo. Anote la fecha en su calendario e invite a uno o dos amigos a unirse a nosotros para celebrar la vida parroquial y a nuestros vecinos.

Ascension School is hiring Reading Corps Coaches

Ascension Catholic School is looking for Scholar Coaches through the Reading Corps program. Our Reading Corps Scholar Coaches make a huge difference in the lives of our scholars at Ascension. Reading Corps offers a monthly stipend in addition to insurance and an Education Award that can be put toward future courses or your student loans! Reading Corps Scholar Coaches work full-time with our teachers and students during the school year. If you think that it might be a good fit, apply today! Visit our website, ascensionmpls.org, for more information.

Young Adult Creation Care Happy Hour

Tuesday, July 19

6:30-8:30 p.m.

Lake Monster Brewing Company

550 Vandalia St, #160

St Paul, MN 55114

Sponsored by the Archdiocesan Center for Mission and Catholic Climate Covenant

Congratulations to parishioner Angel Alberto Arredondo

Payan! Angel was Class of '22 valedictorian at Patrick

Henry High School. ¡Felicitaciones al feligrés Ángel Alberto

Arredondo Payán! Ángel fue el mejor estudiante de la clase '22 en la Escuela Secundaria Patrick Henry.

REFLECTION | REFLEXIÓN Anne Attea

The Essence of Hospitality

I really enjoy having guests at my home. I greatly anticipate a visit, and because it doesn't happen all that frequently with everybody's busy lives, such visits are the impetus for deep cleaning around my home. I want the ambience to be clean and cozy, which often means a good amount of time and attention to those tasks that are overlooked or avoided in the day-to-day. I become our gospel's Martha to get things ready. And then, when the guests arrive, I hope to become Mary, allowing our encounter to be the focus of my attention vs all the other to-do's in my life.

I am not always successful in that transition. Often,

the tasks of attending to people, either at home or here in the parish, take over my life so that I don't engage as deeply with people as I might. The cost? Losing out on a rich encounter with the other person and deepening our relationship!

As we prepare to plan for a "new" year of parish life here at Ascension, I hope to find more balance with my own tendencies to act as Martha and engage as Mary. Both roles are necessary for practicing hospitality, but in the end, "there is need of only one thing." May we all take advantage of the opportunities we have at any given moment to sit at the feet of one another and come to know him/her/them, and Jesus, more deeply.

Hospitalidad: "una sola cosa es necesaria"

Disfruto inmensamente tener huéspedes en casa. Anticipo con ganas la visita, y como no pasa con frecuencia porque todos son muy ocupados con sus vidas, tales visitas me animan a limpiar la casa con mucho más cuidado. Quiero que el ambiente esté muy acogedor y limpio, lo cual significa una inversión de mucho tiempo y energía con los quehaceres de limpieza que evito en la rutina diaria. Me pongo a ser Marta del evangelio de hoy con los quehaceres preparativos. Y ojalá, cuando lleguen los huéspedes, llegue a ser María, dejando que nuestro encuentro sea el enfoque singular de mi atención.

Muchas veces, no tengo éxito con esta transición

de Marta a María. Los quehaceres relacionados a atender a otras personas, en casa o aquí en la parroquia, tienen su vida propia y el resultado es que no engancha tan profundamente como podía con la persona que estoy atendiendo. ¿El costo de vivir así? ¡Pierdo un encuentro enriquecedor con la otra persona y no profundizo nuestra relación!

Mientras que preparemos a planear para el "año nuevo" de la vida parroquial aquí en la Ascensión, espero tener más balance con mis propias tendencias de actuar como Marta y enganchar como María. Ambos roles son necesarios para practicar la hospitalidad, pero al final, "una sola cosa es necesaria". Que todos aprovechemos de las oportunidades que tendremos en un momento cualquier para sentar a los pies de unos a otros y conocernos a nosotros, y a Jesús, mejor.