

ASCENSION

A Newsletter from the Church of the Ascension

Table of

ABUNDANCE

Sharing meals, sharing stories

We're hosting a neighborhood dinner and we need YOU on September 28

Table of Abundance is what we are calling our new monthly dinners, and they are open to all. We are inviting neighbors and school families. The first meal is from 5-7 p.m. Saturday, Sept. 28.

We need YOU! Here are three ways to help:

- 1. **Help us cook!** Noon to 4 p.m. Pasta and salad are on the menu. No cooking experience necessary! Just willing heart and hands.
- 2. **Help us serve!** 4 to 7:30 p.m. Serve food to our guests and help with clean up.
- 3. **Help us eat!** 5 to 7 p.m. Come and meet new friends, share your story and listen to the stories of others.

Questions? Talk to Gerardo. Sign up to help with cooking and/or serving by calling the office, 612.529.9684.

Estamos organizando una cena de barrio ¡y te necesitamos el 28 de septiembre!

Mesa de Abundancia es como estamos llamando a nuestras nuevas cenas mensuales, y están abiertas a todos. Estamos invitando a los vecinos y las familias de la escuela. La primera comida es de 5-7 p.m. Sábado, 28 de septiembre.

¡Te necesitamos! Aquí hay tres maneras de ayudar:

- 1. **¡Ayúdenos a cocinar!** Del mediodía a las 4 p.m. Pasta y ensalada están en el menú. No es necesario tener experiencia en la cocina. Sólo manos y corazón dispuestos
- 2. **¡Ayúdanos a servir!** De 4 a 7:30 p.m. Sirve la comida a nuestros invitados y ayuda con la limpieza.
- 3. **¡Ayúdanos a comer!** 5 a 7 p.m. Ven y conoce nuevos amigos, comparte tu historia y escucha las historias de otros.

¿Preguntas? Habla con Gerardo. Inscríbete para ayudar a cocinar y/o servir llamando a la oficina, 612.529.9684.

Celebrate sobriety in community TODAY

Today after Masses, Ascension will celebrate sobriety with ice cream sundaes. Please join us to celebrate the sobriety in your own life or your family's life, either because you made a choice to stop using drugs and alcohol or because you never started.

There are bilingual resources available and community services present to help families who would benefit from support. Resource people will be wearing a camel sticker. If you are willing to be involved with bringing support and resources for sobriety to our Ascension community, please contact Shawn Phillips at senborah@gmail.com or sign up on the sheet at one of the tables.

Celebre la sobriedad en comunidad HOY

Después de las misas, Ascensión celebrará la sobriedad con helados. Por favor, únase a nosotros para celebrar la sobriedad en su propia vida o la vida de su familia, ya sea porque usted tomó la decisión de dejar de usar drogas y alcohol o porque nunca comenzó.

Hay recursos bilingües disponibles y servicios comunitarios presentes para ayudar a las familias que se beneficiarían de apoyo. Las personas encargadas de los recursos llevarán una pegatina en forma de camello. Si usted está dispuesto a participar en traer apoyo y recursos para la sobriedad a nuestra comunidad de la Ascensión, por favor póngase en contacto con Shawn Phillips en senborah@gmail.com o inscríbese en la hoja en una de las mesas.

Full-time opening for Preschool Teacher

Applications are now being accepted for the Lead Preschool Teacher position at St. John Paul II



Catholic School's Early Childhood Learning Center. Please submit a formal resume and cover letter to Christina Davis, Talent Recruiter at cdavis@acamn.org. Include job title in the subject line.

Career Pathway Program for Early Childhood Teachers

Lutheran Social Service of Minnesota's Career Pathway program is for people in the Twin Cities who are interested in becoming early childhood education teachers.

This program consists of:

- 120 hours of online training.
- 480 hours of in-person, paid work experience, \$15 hour.
- First aid/CPR class.
- Test of Adult Basic Education (TABE) reading and math assessment.

Once the training and work experience are complete, which typically takes about four months, participants will receive their Child Development Associate (CDA) credential. The CDA credential is the most widely recognized in early childhood education and opens participants up to new opportunities for employment.

This service is free and open to anyone 18 years or older who is interested in early childhood education, willing to work with diverse communities, and meets program requirements. For more information on how to enroll, email preschooltraining@lssmn.org.

There's room for you in our sewing group!

Ascension's bilingual sewing group has room for new members! Want to learn to repair your clothes, sew items for your home or clothes for yourself or family members? We will help you learn! Sewing machines and supplies are provided. We meet from 9 to 11:30 a.m. in the Youth Center of the Club Building. Upcoming dates are September 28, October 12 and 26, November 9 and 30, December 14. For more information, email Judy at Judyr@ascensionmpls.org.



Toward Healing Minds and Hearts

Saturday, Oct. 5, 11:30 a.m.-3 p.m.
St. Catherine University

All are welcome to gather for a day of prayer, listening and learning. The Twin Cities Catholic Racial Justice Coalition, in partnership with the Church of Gichitwaa Kateri, is hosting this special afternoon with guest speaker Dr. Samuel Torres, Deputy Chief Executive Officer of the National Native American Boarding School Healing Coalition. This event will examine the complex shared histories of Native Boarding Schools, including the Catholic Church's involvement, through stories, research, and reflection on intergenerational trauma. Together, attendees will explore possible conciliatory actions and experience the vitality of Native cultures. This is a free event, with lunch provided.

Learn more and register at ccf-mn.org. St. Catherine University is at 2004 Randolph Ave., St. Paul.

Polka Mass and German dinner

St. Boniface invites all to an Oktoberfest celebration Sunday, Oct. 13. Polka Mass begins at 11 a.m. with

dinner served from noon to 3 p.m. Music is by the Rod Cerar Orchestra. A silent auction is also planned.

St. Boniface is at 633 2nd St. NE, Minneapolis. Call 612.379.2761 for more information.



¡Hay sitio para ti en nuestro grupo de costura!

¡El grupo de costura bilingüe de Ascensión tiene sitio para nuevos miembros! ¿Quieres aprender a reparar tu ropa, coser artículos para tu casa o ropa para ti o tus familiares? ¡Te ayudaremos a aprender! Se proporcionan máquinas de coser y suministros. Nos reunimos de 9 a 11:30 a.m. en el Centro Juvenil del Edificio del Club. Las próximas fechas son el 28 de septiembre, el 12 y 26 de octubre, el 9 y 30 de noviembre y el 14 de diciembre. Para más información, llame a oficina.

Already know how to sew? We are looking for volunteers to help us with a service project: making sanitary pads for teens in Nigeria through the Days for Girls organization. A sister parish, St. Vincent de Paul in Brooklyn Center, has invited us to join them in this project. Email Judy (judyr@ascensionmpls.org) for more information!