

# ASCENSION

A Newsletter from the Church of the Ascension

**Pray for us**  
**Ruega por**  
**nosotros**

Por los enfermos y los que están sufriendo de nuestra comunidad.

For the sick and suffering in our community:

**Amanda Reynolds, David Westendorp, Janine Thomas.**

Por nuestros amados difuntos, que descansen en los amorosos brazos de Jesús.

For our beloved dead, may they rest in the loving arms of Jesus: **Heriberto Gonzalez, Orlando Hughes, Leondo Sudduth.**

**REMINDER:**  
**Cristo Rey Jesuit High School representatives will be here after the 11:30 a.m. Mass Jan. 12.**  
**Los representantes de Cristo Rey Jesuit High School estarán aquí después de la misa de 11:30 a.m. del 12 de enero.**



**Retirement Fund for Religious**

Please give to those who have given a lifetime.

**Second Collection**  
**January 18-19**

Many aging religious spent decades ministering for little pay. Now, their communities do not have enough retirement savings to care for them. You can help meet their needs by donating to the Retirement Fund for Religious at Mass next weekend. Learn more at [retiredreligious.org](http://retiredreligious.org)

**SYNOD ON SYNODALITY 2024: SHARING THE JOURNEY!**  
**SHARING THE NEWS!**

**We had a Synod: What now?**

**Sunday, Jan. 19, 2 - 3:30 p.m., St Joan of Arc, 4537 Third Ave. S, Minneapolis**

**Synod Delegate Dr. Cynthia Bailey Manns and Discerning Deacons Representatives**

The 2021–24 foundational consultation with the People of God throughout the world gathered information regarding the hopes, fears, and issues they believe are in the life of the Church. Please join us for an informative Synod summary and lively conversations!

**Sharing the Journey!** “What is synodality?” Mutual interdependence and reciprocity by virtue of baptism. Gathering for mutual listening, dialogue, and community discernment. A spiritual path of spiritual renewal and structural reform that enables the Church to be more participatory and missionary, so that it can walk with every man and woman, radiating the light of Christ.

**Sharing the News!** Nurturing relationships to ensure no one is excluded. Fuller participation for women. Consultative decision-making processes at all levels. Transparency, accountability, and evaluation in decision-making. Ensuring access to faith formation for adults, seminarians, priests and other ministers of the Church.

**RSVP by noon on Friday, Jan. 17, at 612.823.8205**

**A learning opportunity**

Learn more about family preparedness and accompanying our Twin Cities’ immigrant community. Come to a discussion: **Community conversation and preparedness**

1-3 p.m. Sunday, Jan. 26, in the Lower level of the Church

*Aprenden más acerca de como prepararse como inmigrante en los EEUU: **Conversación y preparación comunitaria***

*1-3 p.m. dom, 26 de enero, 1-3 p.m., salón debajo de la iglesia*

**Justin Spenner**  
January 12  
12 de enero

**BORDER CROSSING**  
*Artists Recital Series*  
**ASCENSION**  
Catholic Church

Ascension Catholic Church  
1723 Bryant Avenue North  
Minneapolis, MN 55411

1:00pm  
Free! ¡Gratis!

## Come experience Nordic art songs

Baritone Justin Spenner and pianist Carson Schneider will present “Norse/Norge,” a recital of Nordic art songs in the sanctuary following 11:30 a.m. mass. Doors open at 12:45 p.m., and the concert starts at 1 p.m.

El barítono Justin Spenner y el pianista Carson Schneider presentarán “Norse/Norge,” un programa de canciones artísticas nórdicas en el santuario después de la 11:30 a.m. misa. Las puertas se abren a las 12:45 p.m. y el concierto comienza a la 1 p.m.

## Join our sewing group!

Ascension’s bilingual sewing group has room for new members! Want to learn to repair your clothes, sew items for your home or clothes for yourself or family members? We will help you learn! Sewing machines and supplies are provided. We meet from 9 to 11:30 a.m. in the Youth Center of the Club Building. The next meeting is January 18. For more information, email [Judyr@ascensionmpls.org](mailto:Judyr@ascensionmpls.org).



## ¡Hay sitio para ti en nuestro grupo de costura!

¡El grupo de costura bilingüe de Ascensión tiene sitio para nuevos miembros! Se proporcionan máquinas de coser y suministros. Nos reunimos de 9 a 11:30 a.m. en el Centro Juvenil del Edificio del Club. La próxima reunión será el 18 de enero. Para más información, llame a oficina.

## Ancient Christian Practices to Sustain Community

Belonging is important. When we understand the differences between ourselves and others, we can better empathize with their experiences, challenges, and perspectives. Empathy is a bridge between the emotional and the cognitive – our heads and hearts – that shoulders the fruit of the spirit—kindness, peace, joy, self-control, and love. Our ancient Christian practices matter. When fully engaged, we cannot let the hard moments of life go unattended, unthought out. Time given over to spiritual practices and engaging differences both benefits the individual and grounds one for engagement in life together.

**Friday, January 24, presentation from 9 a.m. - 1 p.m., Emmaus Hall, Saint John’s University, Collegeville. Synchronous. Free event. Registration is required: [theologyday.com](http://theologyday.com), 320-363-3560 or [theologyday@csbsju.edu](mailto:theologyday@csbsju.edu).**

## Teaching Mass retreat

Do you want to know, understand and experience the Mass?

Church of St. Bridget invites all to attend a retreat at 10 a.m. Saturday, Feb. 15, with Fr. Michael Joncas. Call 612.529.7779 for more information. St. Bridget is located at 3811 Emerson Ave. N, Minneapolis.



## Children’s Liturgy

We are still looking for more volunteers to assist with our Children’s Liturgy at the 9:30 and 11:30 masses. If you’re interested in learning more, please contact Raul Salazar.

Todavía estamos buscando más voluntarios para ayudar con nuestra Liturgia de Niños en las misas de 9:30 y 11:30. Si está interesado en obtener más información, comuníquese con Raúl Salazar.